

INTERNET SAFETY CHECKLIST



Online safety starts here. This checklist is your go-to guide to help keep kids and teens safe from online exploitation and abuse. It includes quick, practical steps to protect privacy, limit exposure to strangers and create safer digital spaces. Each check is a step toward protecting what matters most. Print it. Post it. Check it often.

- ☐ Set all apps, games, and devices to private.
- ☐ Turn off location data services on social media and nonessential apps.
- ☐ Make sure you and your children know who they're interacting with online.
- ☐ Limit followers to friends and family they know in real life.
- ☐ Preview and research the apps your child wants to download.
- ☐ Password protect or control access to the places your child downloads or purchases apps and games.
- ☐ Have a device check-in time or consider random spot checks of activity and apps.